

END TO END RACE GUIDE

WATER POINTS	MILES	WATER POINTS	MILES
Bride	2.7	Creg Mallin	22.1
Blue Point	6.2	Glen May	26
Ballaugh Cronk	11.8	Eary Cushlin	29.3
Orrisdale	15.0	Cronk Na Eary Laa	31
Devil's Elbow	18.5	The Sloc	33.5

TOILETS	MILES
BRIDE VILLAGE	2.7
KIRK MICHAEL	15.9
WEATHER GLASS CORNER, PEEL	22.8
DALBY CHURCH	27.5
RUSHEN CHURCH	35.8
THE SOUND CAFE	39.5

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CUT OFFS	TIME
Peel	14:00
Eary Cushlin	15:45
The Sound	18:00

RACE PLAN

	DIST	LEG	ELAPSED	TIME	AV SPEED
POINT OF AYRE	0.0	0.0			
BLUE POINT	6.2	6.2			
BALLAUGH	11.8	5.6			
KM	15.9	4.1			
PEEL (CREG M)	22.1	6.2			
GLEN MAYE	26.0	3.9			
CRONK	31.0	5.0			
SLOC	33.5	2.5			
SOUND	39.5	6.0			

